

Hebrews 3:7–19 (ESV)

“How to Keep Your Heart Soft”

⁷Therefore, as the Holy Spirit says,
“Today, if you hear his voice,
⁸do not harden your hearts as in the
rebellion, on the day of testing in the
wilderness,
⁹where your fathers put me to the test
and saw my works for forty years.
¹⁰Therefore I was provoked with that
generation, and said, ‘They always go
astray in their heart; they have not
known my ways.’
¹¹As I swore in my wrath, ‘They shall
not enter my rest.’ ”

Understand Your God

¹²Take care, brothers, lest there be in
any of you an evil, unbelieving heart,
leading you to fall away from the living
God.
¹³But exhort one another every day, as
long as it is called “today,” that none of
you may be hardened by the
deceitfulness of sin.
¹⁴For we have come to share in Christ,
if indeed we hold our original
confidence firm to the end.
¹⁵As it is said, “Today, if you hear his
voice, do not harden your hearts as in
the rebellion.”

Encourage One Another

¹⁶For who were those who heard and
yet rebelled? Was it not all those who
left Egypt led by Moses?
¹⁷And with whom was he provoked for
forty years? Was it not with those who
sinned, whose bodies fell in the
wilderness?
¹⁸And to whom did he swear that they
would not enter his rest, but to those
who were disobedient?
¹⁹So we see that they were unable to
enter because of unbelief.

Recognize Unbelief