

³⁹And he came out and went, as was his custom, to the Mount of Olives, and the disciples followed him.

⁴⁰And when he came to the place, he said to them, “Pray that you may not enter into temptation.”

...

⁴⁵And when He rose from prayer, He came to the disciples and found them sleeping for sorrow,

⁴⁶and He said to them, “Why are you sleeping? Rise and pray that you may not enter into temptation.”

The Power and Protection of Our Prayer

Discuss the redeemed grace that prayer is...a spiritual discipline that we master over time, not simply an asking and getting relationship with God.

How is prayer protective against sin and temptation? With this in mind, discuss the power of prayer for us in our sanctification.

How could the disciples have been more prepared for their crucible that night? How can we be more prepared for ours?

The Purpose and Power of Jesus’ Prayer

⁴¹And he withdrew from them about a stone’s throw, and knelt down and prayed,

⁴²saying, “Father, if you are willing, remove this cup from me.

Nevertheless, not my will, but yours, be done.”

⁴³And there appeared to him an angel from heaven, strengthening him.

⁴⁴And being in agony he prayed more earnestly; and his sweat became like great drops of blood falling down to the ground.

Note here the posture of Jesus in prayer...note His prayer to the Father.

Discuss its two parts...what I’ve suggested is a plea, but also a greater desire. What does Jesus’ posture, plea and desire teach us about His relationship with the Father?

What does Jesus’ prayer teach us about the role of God the Father in our redemption, salvation, and justification?